

## Evaluation of the Effectiveness of the Food for Thought Program: \$315,768 over three years

This project will evaluate the effectiveness of the Food for Thought program (FFT) using a randomized control trial design. The FFT is a culturally-sensitive family literacy program for low-income Latino kindergartners and their parents that aims to improve child language and literacy outcomes through family food routines such as cooking and grocery shopping. Seventeen public elementary schools and over 1,000 children and their parents in the Charlotte-Mecklenburg district (NC) will participate in this project. The Principal Investigator is Dr. Diana Leyva at Davidson College and the co-PI is Dr. Christina Weiland at the University of Michigan.